

# NEWSLETTER - 2



SCHOOL PARTNERSHIPS PROJECT

## READY FOR OUR LIVES

2015 – 2018



CZECH REP.



ITALY



LATVIA



LITHUANIA



SLOVENIA



PORTUGAL



TURKEY

# **PARTNERS**

**Obchodni Akademie Karvina, s.r.o**  
**KARVINA / CZECH REPUBLIC**

**Istituto A. Volta**  
**NICOSIA / ITALY**

**Riga Secondary Shift School N#9**  
**RIGA / LATVIA**

**Kedainiai Sviesioji Gymnasium**  
**KEDAINIAI / LITHUANIA**

**Srednja Ekonomsko – Poslovna Sola - Koper**  
**KOPER / SLOVENIA**

**Agrupamento de Escolas Alexandre Herculano - Porto**  
**PORTO / PORTUGAL**

**Özel Adalya Anadolu Lisesi**  
**ANTALYA / TURKEY**



Erasmus+



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Demirel Mah. Pehlivan Ali Kurt Cad. 2018 Sok. Kepez Park Doğusu - Antalya  
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**Özel Adalya Anadolu Lisesi**  
**ANTALYA / TURKEY**

# Ready For Our Lives



The Turkish team arrived in Porto on the 16th of February 2016.

The following day, we met with the other partners and the students were introduced to their host families. Our students were quite nervous at the beginning however

after meeting their partner friends they relaxed and everyone started to enjoy the experience.

On the 18th of February the Turkish students did an impressive presentation on the topic of country, town and school. Furthermore, the Turkish Team won the logo competition in the morning. In the afternoon, again our students did a brilliant presentation on the topic of youth unemployment. Starting from the first day our students were very popular and welcomed by everyone.

On the 19th the teams were taken to Sandeman and Super Bock companies for study visits. The trip to the port wine premises was especially interesting and very beneficial .

On the 20th, we were all taken to Gumares for a whole day excursion. We visited the castle and Brazanga Palace. Everyone had a wonderful day.

On the following Monday, we had a speaker from the job center in Porto who gave us a lot of useful information about youth unemployment within the Porto region. It was quite interesting. That afternoon The Turkish team performed exceptionally well on their role-play production of "age discrimination job interviews ". They received a standing ovation at the end of their presentation. In the late afternoon we all visited the Municipality Hall. The building on its own was definitely worth a visit and again it was another informative day out. For our students it was very interesting to acquire information about the universities in the Porto region.

On the 22nd of February we teachers did our Project Meeting Evaluation. We agreed on the important issues we should handle for the next Erasmus+ gathering.



PowerPoint presentations of surveys results about unemployment.



Here is the winner of the logo competition. TURKEY! 🏆





After Porto meeting, Anıl, Barış and Umut Barış shared their experiences with their friends and teachers.

*"This project has been a great experience for me. We have worked with new people, had days out and excursions. I must admit that I was extremely apprehensive at the beginning but I got used to it in no time at all. On the first day we were introduced to our host families. They were hospitable and made me feel welcomed in their home. The following day we met our new friends from various countries and their teachers. On the same day we all did our presentations about our countries and schools which went very well; and I was thrilled with the fact that Turkey won the logo competition. During all that time we got familiar with the Portuguese culture and way of life. Towards the end we all started to feel sad because it was all coming to an end although the standing ovation we received for our role-play performance cheered the whole Turkish team up.*

*If you get a chance to get involved in an Erasmus+ project do not miss it for your life, I would say. Go for it ! Now I am looking forward to another wonderful experience in April in Turkey!"*

Umut Barış Kızılkaya

*"It was a very useful trip for all of us. We met new people, made new friends and been through an amazing experience. Porto is a city with a rich history. Portuguese people are friendly, helpful and hospitable.*

*A week was just not enough in the end. On the way there we were full of doubts . On the contrary on the way back we were very upset to leave that beautiful city.*

*This is a wonderful project, I am glad to be a part of it. I would like to thank everybody who made this project to happen. I LOVE PORTO! "*

Barış Çöpelci

*"Before we set off for Porto we worked hard for our presentations. On the way there we were extremely excited. Even on the plane we went over the presentations but it was well worth it. The presentations went really well. We made good friends and what I have experienced there in Porto I will never forget.*

*It was lovely to wander around in Porto. However, we were very sad to leave but I shall have my memories with me forever. I am already missing it. It was a magical experience. I would definitely like to be part of these kind of projects anytime in the future and recommend it thoroughly to anyone."*

Anıl Yağcı



### Dissemination

Özel Adalya Anadolu Lisesi, Antalya / Turkey  
Hürriyet, National Newspaper, 22.03.2016



## Ready For Our Lives Agrupamento de Escolas Alexandre Herculano

Agrupamento de Escolas Alexandre Herculano(AEAH) had the privilege to host the 1st Project Meeting between the 18<sup>th</sup> - 23<sup>rd</sup> February. The partner delegations arrived on the 17<sup>th</sup> and were welcomed at the

airport by the Director and the coordinator at AEAH. Students were taken to their host families and teachers to the hotel

### **First day of activities**

The day started with a welcoming ceremony at the Auditorium of AEAH and according to the programme some PowerPoint presentations followed. The creativity of students from the seven schools was tested in the Logo competition. The most voted logo and consequently the winner one came from our Turkish partners.



**The director welcoming the audience from the partner countries.**

In the afternoon each school presented the results of their surveys on Youth unemployment.

### **Second day of activities**

Study guided visits were undertaken by the delegations of students and teachers to companies of Porto. In the morning we visited the Sandeman Wine Cellar and in the afternoon the Unicer Company. Both gave us an insight into their products, the way they are produced, the marketing and advertising technique used. It helped us to understand issues related with entrepreneurship.

To finish the long day there was at the school canteen the national dinner – an expected moment. Every partner prepared or brought something typical from his/her country. The atmosphere was the best one. Host families, students, teachers and staff partook the moment with pleasure and in an enjoyable way. It shouldn't be forgotten the Erasmus + 'Ready For Our Lives' delicious cake.



**The 'Ready For Our Lives' Cake**



### Third day of activities

We went on a whole day excursion to the cradle of the Portuguese Nation- Guimarães. There we visited the Castle, the Dukes of Braganza Palace, the medieval town of Guimarães with its narrow cobbled streets, the Couros area, a former tannery district with an industrial heritage and we lived for one day the atmosphere...



### Fourth day of activities

Sunday! Some of us took the day to relax a bit but others would rather go for a walk and visit the cultural places in and around Porto.

### Fifth day of activities

In the morning: we (AEAH) have invited experts from Job Centres to come to our school. You were some of the topics dealt in the session carried out by two experts from the IEFP (Employment and Professional Training Institute) of Porto and Gaia. We have listened attentively to their lectures and presentations and then the debate/dialogue took place. It was a high point in the programme.



A sign language interpreter translating for our deaf students what the guests / experts from IEFP were talking and presenting.

After the break and still in the morning, every partner school presented their work on 'Age discrimination in the labour market' / 'Equal opportunities in the labour market regardless age'.

In the afternoon we did a study visit to CEIIA – Centre for Excellence of Innovation and Industry of Automobile and Aeronautics – where high qualified engineers and designers work together with



the most advanced technologies.

### **Sixth day of activities**

On the last day students were engaged in activities outside school. They also had visited some of Porto's landmarks and cultural places. The teachers met together to have the evaluation meeting. They also planned the next mobility which will take place in Turkey in April.

In the afternoon we went to the Town Hall where the delegations of students and teachers were welcomed by a representative of the municipality, Dr<sup>a</sup> Ana Maria Magalhães, Director of the Educational Department. The Director of AEAH and the Coordinator Mr. Martin Frolik had the opportunity to present the project to the municipality.



**Welcoming ceremony at the Town Hall. The “Ready for Our Lives”, coordinator, Mr. Martin Frolik, receiving from Dr<sup>a</sup> Ana Maria Magalhães a book about Porto schools.**

A Farewell dinner finish the activities for this first meeting.

### What we have been doing so far

We have answered the evaluation form that the Latvian partner prepared to all of us. Students (mainly the 11<sup>th</sup> and 12<sup>th</sup> graders) were given the link to the online questionnaire about job interviews and CV.

Tasks have been distributed among the students that are going to Turkey. They are going to prepare a PowerPoint to present the results of the above referred survey.

While two students have done some research concerning equal opportunities regardless races in the labour market in Portugal, the other two have elaborated a questionnaire and asked workers of a shopping centre some questions related with the topic. Their answers helped us in the preparation of the results to be presented in our next meeting. The students prepared a PowerPoint about their school, city and country. We have agreed on the recipe to prepare for the national cuisine in Turkey.



## Our School:

I.I.S. 'Alessandro Volta'- Nicosia

## Who we are:

**Headmaster:** Felice LIPARI

**Teachers:** Maria Filippa LA PORTA, Maria LA LICATA, Antonino CATANIA, Francesco RANDISI, Giuseppe LI VOLSI, Tiziana LA VECCHIA, Marianna Di LEONFORTE, Antonina ZITO, Ferdinando LO CIURO.

**Students:** Felicia LIPARI, Pamela CONTICELLO. Matteo CALDARERI, Eleonora QUINTESSENZA, Sabrina GRANATA, Veronica MIRENDA, Antonino ANELLO, Luigi PROIETTO, Benito CALI', Simone MONTESANO, Michela RIZZONE, Irene CAROSIA, Antonino SCAVUZZO.

## Our activities:

After our first meeting in Porto, where all the delegations were welcomed and hosted in a warm and friendly atmosphere by the Portuguese headmaster Manuel Lima and the coordinator Maria da Graça Guimaraes de Silva, we had to organize our local activities quickly as the next meeting in Turkey would have come in a short time. First of all we disseminated the results of our first meeting in Portugal among our students and their families and then on the school website and the local media.



We created pages in the Twinspace where all the teams could upload their outcomes such as the PPT about their countries and schools, about the results of the survey on unemployment and age discrimination on the labour market. One page was particularly appreciated because the participants had to express on a wall their feelings and emotions about their stay in Porto, obviously there was also a link to the questionnaire prepared by our Lithuanian partners on the

evaluation of the meeting which was focused on the organizational aspects and on suggestions to be given to improve our next meetings.



On March 2<sup>nd</sup> we invited Mrs. Santina Lo Votrico, expert from the Society for Human Resource Management, in our school, she summarized the essential parts of the Europass CV and application letter, what can be included even if we are at our first job experience about voluntary work, skills and competences. She underlined the importance of being sincere in filling it as in a brutal employment market, some job seekers may be tempted to falsify their work or education history in order to make themselves more attractive to potential employers reminding that every detail on a resume can (and likely will) be verified. The students were interested in the new form of video CV which is to offer a potential employer greater insight into the applicant than a traditional resume can. She advised to use the video (max.2 minutes) to help the employer get a sense of not just what you have achieved, but what you are capable of achieving in the future.



After a few days, on March 8<sup>th</sup>, our school welcomed an expert in Social and Occupational Psychology Mrs. G. Maria Cannio who explained all the techniques of communication and what is

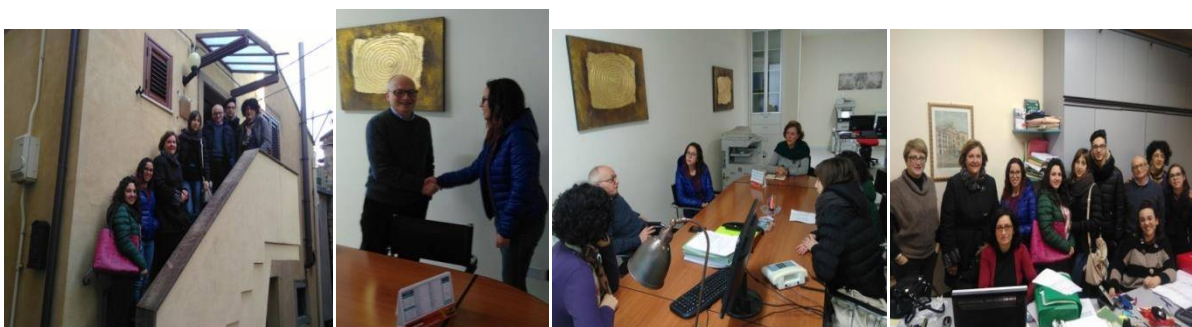


the best attitude for people who are looking for a job when they have to go to a job interview. She gave the students different tips and advice stressing the importance of the power of face and body language. She suggested for example to smile and maintain eye contact with the interviewer or resist the temptation to cross the arms, because this gives off the vibe that you're closing in on yourself and not willing to understand other people.



On different days the students, after agreeing on and writing down a series of questions, interviewed some employers to understand how they usually carry out job interviews.

On 15<sup>th</sup> March they interviewed Mr. Giuseppe Rupe a Chartered Accountant whose office employees 8 people of different ages.



On the 18<sup>th</sup> March they interviewed Mr. Giuseppe Cannino owner of a large furniture shop.





On the 19<sup>th</sup> of March they interviewed the solicitor Mr. Massimo Rizzo in his office and some of his employees.



Meantime about 100 out of 450 students of our school had answered to the questionnaire on job interviews created by the Latvian team, this time the questionnaire was administered online saving time in processing the data.



After the 25<sup>th</sup> of March we received the data from the survey on job interviews by our Latvian partners and the students worked them out on graphs and power point presentations.

They also sketched dialogues and took roles for role plays regarding race discrimination at the labour market.

Ready to go to Antalya!!

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**SREDNJA EKONOMSKO-POSLOVNA ŠOLA KOPER**  
***SECONDARY ECONOMIC AND BUSINESS SCHOOL KOPER***

**The project team**

**Teachers:** Nataša Jerman, Nataša Vrčon Tratar, Tanja Skok

**Students:** Denis Ferhatović, Samanta Delić, Maša Batagelj Pinterič, Zala Vidic, Agnese Federica Gobbi, Kaja Ličen, Arnisa Hohxa, Tal Omčikus, Valerija Lyubchyk, Žan Štefančič, Eneja Ugrin, Vivian Kozjak, Anja Segulin, Lara Vukelić and others.

# 1. PROMOTIONAL ACTIVITIES

## DISSEMINATION OF THE PROJECT ANDERASMUS+ CORNER

Coming back from Porto we posted an article and photos about the project's meeting in Porto on our school's website and the students shared their experience with their classmates. We created a photo book and a video about our meeting in Porto. We also updated the Erasmus+ corner in the school and we sent an article to the regional newspaper *Primorske novice* and to the website *Ekoper*. They both published our article and the photos.



# 2. GETTING EXPERIENCE

## 10th INTERNATIONAL FAIR OF TRAINING COMPANIES

A training company SOI-LINE from our school took part in the 10<sup>th</sup> International Fair of Training Companies (school firms) in Celje, Slovenia, which was organized on March 9, 2106. Our students managed to impress the demanding competition jury with the presentation of the company's overall business and their products made from extra virgin olive oil and from salt of Piran. They also successfully presented the benefits of merging the two training companies into a co-operative. The jury complimented them on their professional knowledge and work as well as on their willingness to learn and acquire new experience, which will be more than useful in the future working career when creating their own jobs or employment. SOI-LINE won the second prize for the best product offer and their presentation. Furthermore, they were nominated



among the best 10 training companies out of 48 international companies and they won the fifth place. We are very proud of them.



## 500 WOMEN ENTREPRENEURS

On March 9, 2016, “Ready for our lives” team attended an event in Ljubljana called “500 Women Entrepreneurs” as guests of one of the organisers. It is an event where business women meet, socialize and get advice on how to improve their businesses. It is organized every year, and this year’s main topic was networking. We attended the meeting to learn about the world of business, how to behave properly in it and to interview experienced business women about the topics such as job interviews, first impression, etc.



An interesting thing about the event was that the dress code was “wear something red”, so all the participants really did wear something red. The organizers invited various business experts, all of them successful businessmen and women who gave lectures on how to make it in business, how to make a good first impression, etc.

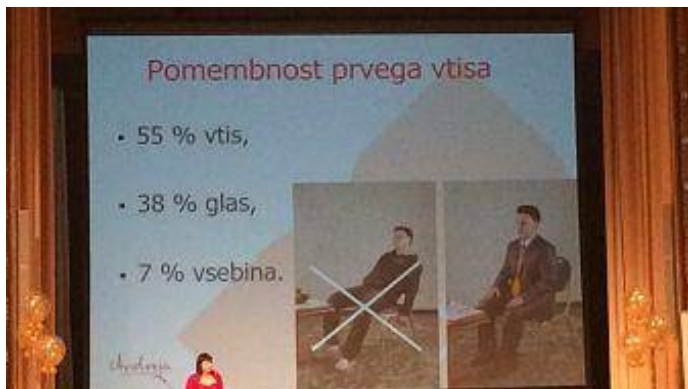
The first speaker was Julian Coustaury, a French businessman who lives in Slovenia. He spoke about tips on starting a business:

- have fun at what you do;



- hire only top people;
- your start-up is not your baby – do not involve emotions;
- if you don't know a specific field, surround yourself with people who do;
- dream big and accomplish your dreams.

The next speaker was Andreja Jernejčič. She is MD of a company offering PR services and workshops and private tutoring on public speaking. She talked about how to be a successful sales woman, how to sell a fridge to an Eskimo.



#### She pointed out some interesting facts:

- Be aware of the power of the first impression: 55% is overall impression; 38% is voice; 7% is the contents.
- Make eye contact and bring energy into the conversation.
- Do not touch your face.
- Be better than your competition: be different, be strong, make your customer believe they are fulfilling their dreams with you and that they will be more successful because of you.

The last expert we listened to was Dejan Roljič, a successful and experienced business man, who is only 28! Among other businesses, he set up and now runs the biggest private accelerator in the region called ABC Accelerators. He believes that start-up is a way of thinking and a way of life.

#### He shared with us the key things we should know about start-ups:

- ✓ Marketing timing is very important;
- ✓ You need to love what you're doing – whatever you do, it must be fun;
- ✓ Preparation phase is of the utmost importance;
- ✓ There are no borders today, we live in the "digital age" and use that in your benefit;
- ✓ You need to believe in yourself and your product;
- ✓ Celebrate every success and failure;
- ✓ Listen to the customer, be positive, smile;
- ✓ Your team is important – when they do well, thank them, etc.



He concluded his lecture with: "You are either born for selling, or you learn it, the most important thing is that you're honest, communicative and that you love what you're doing. Sometimes we win, sometimes we learn."

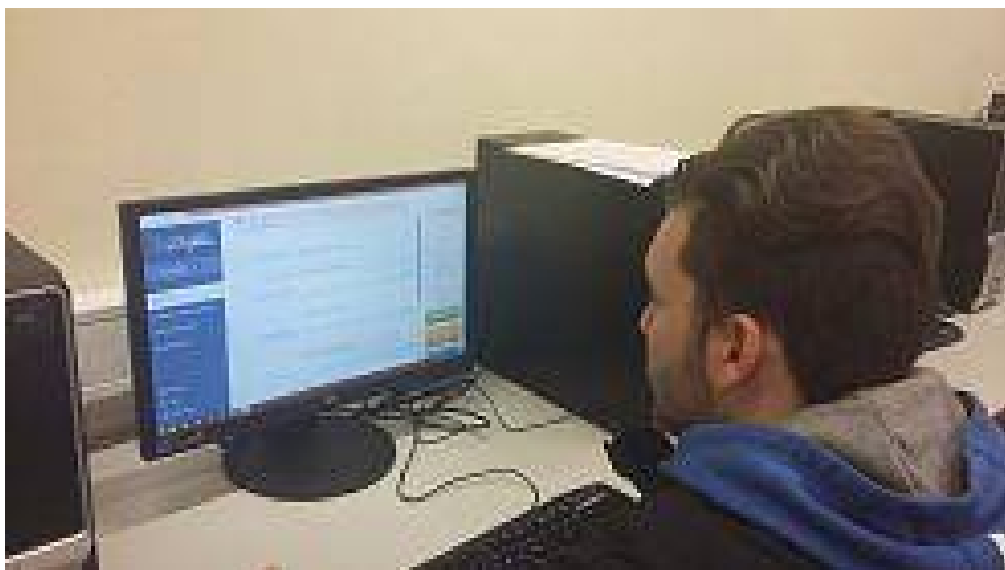
During the breaks we talked and interviewed a few business women. We learned a lot and we are grateful that we were given this opportunity.

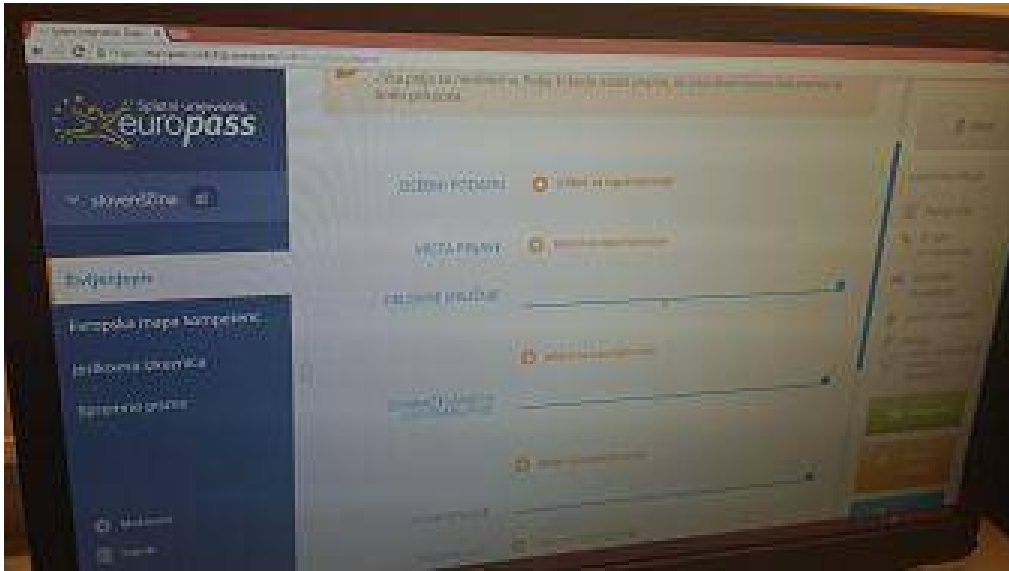
Written by Valerija Lyubchyk, Arnisa Hohxa and Kaja Ličen

### 3. WORK ON THEME 2

#### Applying for a job and job interviews

Many students filled in the on-line questionnaires and now we are going to analyse the results. We also did some more research on the topic: students made interviews with experts, read some books about it, we watched videos about how to behave at job interviews, we also made our own video about it, we discussed with students how to write a good CV and a letter of application, they filled in online CVs, etc.







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### Local activities:

- Profession - Ornithologist observation of birds .
- Profession- Researcher, Institute of Electronics and Computer Science.
- Profession— Businessmen, field trip to Mobile Line.
- CV-Online the leading online recruitment company Latvia.

Erasmus + Project group on March 24th went on cognitive field trip to the company called CV – Online LATVIA. The aim was to find out most popular and required working places in the labour market, as well as, to find out employer's requirements.

The CV-Online agent Kaspar Kotan presented that most required professions at the moment are in sales and finance sectors. To find the best working place or dream job you have to take into consideration recommendations as follows:

- ◆ Knows how to write documents (application, CV, Letter of Motivation).
- Knows languages - more languages you know better job opportunities you have
- Knows how to present oneself during the job interview
- Any experience is experience (even though you have worked with no contract)
- IMPORTANT !!! - to have goodwill to work!



As the agent Kotan explained, employers have concluded that young people have very high ambitions but it is not always good. Therefore, youth should have ambitions with limits not to frighten employer.

Students team and Anna Bunetova teacher - preparation work for the meeting in Antalya, Edvards Lusis, Daniela Strautniece, Kristina



### Profession-Researcher, Institute of Electronics and Computer Science

On February 24th, there was a field trip organized for the students from grades 9 to 12 to the Institute of Electronics and Computer science. The aim of a field trip was to raise interest and knowledge in students in the world of work. Study profession of a researcher, the connection with education, the importance of ICT and to foster students to plan their carrier and further education.

As for beginning of the field trip students were introduced with the history of institution, as well with sphere of activity with achievements and vision of a company.

Afterward, we were taken to see the premises, laboratories and even see the newest developments.

Moreover, we had discussion as a conclusion "How did I get to exploration", where we overviewed and concluded what type of person may become a researcher!





## ERASMUS +

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**RĪGAS 9. VAKARA  
(MAINU) VIDUSSKOLA**  
**Riga Secondary Night  
Shift School Nr # 9**

### MOBILE LINE —IF YOU DO AND YOU HAVE WILL, YOU CAN MAKE IT!

In the afternoon, our teachers Santa Berzina and Inese Lapina – Irbe together with our primary school pupils went to meet two friends – businessmen's to find out what and how should be done, to become a good employer, or employee.

Andris Skraucis and Andris Hlibovs are Mobile Line owners. The work field is connected with mobile phones and other technological gadget selling. Number of employees working in the company is 55.



- ◇ To show positive impact on a job interviewer
- ◇ To have wish to have self and companies development
- ◇ Knowledge of languages
- ◇ Salary - it is important to negotiate during the work interview
- ◇ Important is to cooperate with other coworkers to be socially active and friendly.

The two businessmen explained that it is easy to gain working experience you only have to active and ready to begin even the simple work as cleaner, or shop assistant in a grocery store.

Moreover, the employee has to be ready to listen to his workers for their ideas and wishes, has to cooperate, not only command. Mobile Line is the company where is mutual respect, unless the worker is in interested in companies development.

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### PROFESSION -ORNITHOLOGIST— OBSERVATION OF BIRDS



Bird observation tour took place on February 19th; it was aimed to the primary school students. The tour was led by Andris Dekants – the European breeding bird's atlas coordinator, LOB employee.

The aim of the tour was to make students interested in birds, on the subject of biology, bird watching as leisure time, as well as to familiarise students with ornithology profession and LOB – the ornithological associations.

The tour guide said pupils should draw attention to the birds colour, that it can vary depending on the age, told us about birds, foraging behaviour, residence, migration. Students learned about the profession that the ornithology researcher is who also deals with birds putting the rings. Showed that for mute swans can be seen on the feet of the rings.

Students learned about the ornithological associations, which combine different professions and the age of people who share an interest in birds, their research and protection. LOB is research and conservation of wild birds, as well as members and the wider public education projects and measures, the issue of the journal "Birds nature", shall co-operate with State and public nature protection organisations."



## Our School: **Obchodní akademie KARVINÁ**



### **Who we are:**

**Headmistress:** Slavka KRYSTOVÁ FLORKOVÁ

**Teachers:** Martin FROLÍK, Jiří JANÍK, Iva VRBOVÁ, Zdeňka PARCHANSKÁ, Věra HELLEROVÁ,

**Students:** Nikola MERKOVÁ, Denisa PIAČKOVÁ, Hana HODULÍKOVÁ, Adéla DESSEWFY, Monika UHLÍKOVÁ, Kristýna ZAHATLANOVÁ, Lukáš LUKŠ, David NASTULCZYK, Natálie ŠIMOVÁ, Alexandr BÍLEK, Barbora ŠTĚRBOVÁ, Marek MORAVEC, Nela SMIGOVÁ, Aneta KNEISLOVÁ, Radka DEBNÁROVÁ, Valerie MATUSZKOVÁ, Dominik IVAN, Gabriela TOMKOVÁ, Sabina SUCHANKOVÁ a Dominika VÁCLAVÍKOVÁ.

**Support :** Barbora DADEJOVÁ



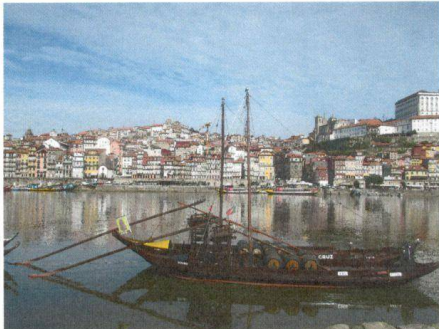
After arrival back from Porto our school had one-week holiday and then we continued in the project work. We updated the webpage of the project, the facebook page, presented photos to students and teachers and of course published some of them on our school web.

We also created the next issue of the Newsletter where we inform public, teachers, students and their parents about our activities. This Newsletter is focused on activities of the Czech school and it will be a local output from our project.

We also showed the results of the research to some classes so that they were informed more about our work.

## MEETING IN PORTO

Erasmus+ 1st MOBILITY IN PORTUGAL Erasmus+



Project work (p.2)

A day in Guimaraes (p.3)

Excursions (p.4)



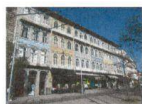
Erasmus+ Interested? Follow our web and facebook! The Erasmus+ project under Key Action 2 - strategic partnership between schools and is supported by European Commission.

## In the cradle of the nation

Our project also includes learning about the history, culture and the way of life of the partner countries to our Portuguese friends arranged for all the participants a whole-day study and sightseeing tour to Guimaraes, a town just an hour drive from Porto, a town which is called The cradle of the nation.

On Saturday morning we gathered in front of the school and got on the bus that took us to that lovely town.

Our first stop was by the Dukes of Braganza Palace. We could see not only exterior of this chateau but also the interior. The students who were with us in Portugal eight years ago may remember this interesting place. This noble house was used as a residence, mainly in the 15th century until the death of Dom Constantine, the first Duke of Braganza in 1480. Most pieces there date back to the 17th and 18th centuries. The Palace is now classified as a National Monument.



GUIMARAES



Guimaraes is called the cradle of the nation as the first Portuguese king Alfonso I was born here. The town has about 55,000 inhabitants and the centre of the town is on UNESCO list.

### LOGO COMPETITION



THE LOGO OF THE PROJECT COMES FROM TURKEY

At the beginning of the meeting in Portugal the participating students and teachers voted for the best logo of the project. Each partner school sent 5 logos to the Portuguese school and the competition was launched. In the first round five best logos were chosen and in the second round the winner was found. Our project now has its own logo and our congratulations go to the Turkish partner school. We voted for it, too.

Our students created 4 logos. Their authors were Dominika Vackutikova, Denisa Pizlikova, Hana Hodalikova and Dominik Fran.



Erasmus+ Interested? Then join our team! DID YOU KNOW? The 'Ready for our lives' project is an Erasmus+ project under Key Action 2 - strategic partnership between schools and is supported by European Commission.

## PROJECT WORK

After the transnational meeting in Karvina in December 2015 the teachers and students of all partner schools met at the first mobility of the "Ready for our lives" project.

The hosting school of this first meeting of both teachers and students was the secondary school "Agrupamento de Escolas Alexandre Heróclides" from Porto. For our students it was already the fourth trip to Portugal. Several years ago we participated at a meeting in Braga and later on we were twice hosted by the partner school in Barcelos.

And what was the meeting like? Here is a narration by one of our participants, Hanka.

"The first day we spent at school. Even though we were under stress, we managed our presentation of a questionnaire which dealt with unemployment pretty well. We voted for a logo of our project. And for the first time we got a chance to see other people. Slowly but surely we became acquainted.

The next day in Portugal we had an excursion to the wine cellar Sandeman. We learnt about the production of wine and we saw how the wine is stored in large wooden barrels. Those who already were 18 years old could enjoy this tour more than the others. After lunch break we moved on to a brewery. The whole day was really exhausting, therefore we ended the day with a common dinner full of national dishes.

The weekend began and we visited the "Dukes of Braganza Palace". I liked the tour very much. The palace had beautifully decorated rooms. After that, we moved a few steps nearby and we headed for a castle. We passed through the walls and we enjoyed the view and the scenery. The day ended with a walk through the city.

My family day was unbelievably amazing. The day began in the most famous cafe near the beach. I had a traditional pudding sweet sprinkled with icing sugar and a coffee.

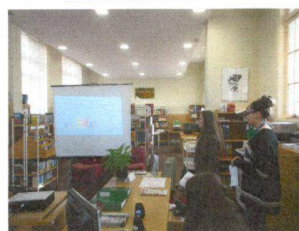


On the beach we collected our shells, played football and we visited a little church called "Praia do Senho da Pedra". After lunch we went to play mini golf. There were a lot of us and a lot of people from different countries. I really enjoyed this day.

The next day we all gathered at school. We had to wait for other presentations about unemployment and people also debated about discrimination against young people and vice versa against the elderly. In the afternoon we visited the company CHIA.

(see p.4)

### What did we do in Porto?



Our team for the first meeting in Porto consisted of 2 teachers - Martin Frolík and Věra Hellešová and 5 students - Denisa Pizliková, Hana Hodalíková and Aneta Konešná.

- At the meeting in Porto we
- showed our powerpoint presentation about unemployment in the Czech Republic
  - presented our school to the partners
  - showed our powerpoint presentation on age discrimination at the labour market
  - presented our logos for the project
  - prepared some national dishes for the evening of national cuisine
  - visited three companies in Porto
  - learned about Portuguese education system
  - had a meeting with town representative
  - learned about Portuguese culture and history
  - found new friends from foreign countries
  - practised our English

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(from: from the page 2)

We suddenly found ourselves in the future. It's incredible on what these people now work. Moreover, a lot of young people from different countries work in this society. Just one word - amazing!

The last day in Porto was finished with a visit of a town hall and with a dinner only for us, young people!

Now I only can remember the memories I made with the awesome people I met there and think of that beautifully spent week in Portugal!

(by Hana Hodalikova)

### EXCURSIONS

At all our meetings we will visit various companies and we will learn more about the labour market in the partner countries. The Portuguese teachers prepared for us three interesting excursions. The first one led us to Sandeman wine cellars where we learned about how wine is grown and produced. The second company was a Sogrape brewery - we changed wine for beer production. The last visit was CHIA, was probably the most interesting as we could see something different from what we know from our everyday lives. There we were amazed with new models of bicycles, electric cars etc. All three excursions were really very interesting and we will be looking forward to visiting other firms in Turkey in April.

(by Martin Frolík)



### NEXT STEPS IN THE PROJECT

After the transnational meeting in Karvina and the first mobility to Portugal we will continue in our project work. The students will answer the next questionnaire and we will work out the results, they will also prepare a new presentation of the school, two role-plays and will deal with the issue of racism at the labour market.



www.ready-for-our-lives.webnode.cz

### ANTALYA

The next meeting is going to be held in Antalya, in Turkey from April 7th to 12th. Our team is already complete - the teachers Martin Frolík and Jiří Janík and the students of the first form Barbka Dobrotová, Lukáš Lásk and Alexander Hlák. We will travel from Vienna via Istanbul on April 6th and will return a week later, on Wednesday 13th.



www.readyforourlives.blogspot.com

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Our newsletter is also published on the school webpage and this way we are doing dissemination of our project. And it is also an e-magazine!



Our students who attended the meeting in Porto wrote their narrations and we published them both on the website of the project and the e-twinning page. How did our girls evaluate the meeting in Portugal? We chose the complete narration from Aneta and at least the last words from other two girls, Hana and Denisa for this newsletter. Here you can read:

*“Upon arrival in Porto we had nice weather but the whole week was nice. The first day we get to know, we had a presentation about our country, school and city. After lunch we had a presentation on unemployment. We also chose the logo for the project. This day was for us long. After school, students were waiting for us in Portugal with whom we spent the rest of the day.*

*The next day we visited the city of Porto. We had a tour in a typical Portuguese winery Sandeman. Then we headed across the square, then by bus to a typical Portuguese Super Bock beer hall. Before the pub we had a glimpse of the church nearby. Those who had eighteen years to taste the wine and beer. In the evening we had an international dinner menu. International, because every country that there was a prepared food that there is most common.*

*The third day we rode a bus excursion to the Palácio dos Duques. It was big and nice. From one tower, we saw we can say almost the entire city. Then we had a breakup of the square we went to look at the sights, shops and eventually we sat in the cafe. The rest of the day was free with our friends from abroad.*

*The fourth day was a family day. Each of us he was different, depending on where his friend or family took. Me and my friend Francisco I was in the training canoe. Then we watched English series and in the evening we had a celebration of my Czech friend of Denise was just eighteen years old. All the students we met at the restaurant and after dinner we got a cake as a gift from the Portuguese students.*

*On the fifth morning, we had a presentation on unemployment and employment. They were with us on this lecture and mute. After that we had presentations and skits us again. After all we went to see the sea. Finally, we were on an excursion in an engineering center CEIIA. CEIIA is an engineering and innovation center focused on the development of global aeronautical and automotive Programmes, aerospace structures and on the Implementation and operation of intelligent systems of new generation for urban mobility.*

*The fifth day was also our last day when we see after a dinner we all were saying the words I'll miss you and do not cry!*

*On the sixth day, we just traveled from the airport to the airport and then train. And looking forward to how we arrive at the parents and to my own bed. I think that one week is a short time to learn to communicate in English, because only a week after we started slowly learn English in practice and not just behind the bench at school. But thank you for this experience. The project I like, and I look forward to meeting you again”.*

Kneislová Aneta

*“In Porto I had a possibility to meet a new people, to obtain new knowledge and especially to spend a beautiful unforgettable time! Thank You for that!”*

Denisa Piačková

*“Now I only can remember the memories I made with the awesome people I met there and think of that beautifully spent week in Portugal”.*

Hana Hodulíková



And then the time to get ready for Antalya came. We did the research on Job interview. This time about 50 students took part and answered the questionnaire. We involved Class 1, Class 3 and Class 4 and we hope new students will join our project team for the future work!

See you soon in Antalya!